

COLLEGE OF NURSING AND HEALTH SCIENCES

Bachelor of Science in Kinesiology (EC-12 Physical Education Teacher Certification)

Kinesiology is the study of movement or exercise. The Bachelor of Science degree program in kinesiology, with teaching specialization, prepares for teaching physical education in schools. The person who completes all State requirements will be certified by the State of Texas to teach physical education at all grade levels from early childhood to Grade 12. Study of kinesiology requires a passion for exercise, an appreciation of the health and recreational benefits of regular exercise, and a strong desire to educate others about the benefits and proper uses of exercise, and especially life-long exercise.

Recommended 4-Year Curriculum

FRESHMAN YEAR

Fall Semester			Credit Hours	Spring Semester			Credit Hours
ENGL	1301*	Grammar & Composition I	3	KINE	2337	Care & Preven. of Ath. Injuries	3
MATH	1342*	Stats I	3	ENGL	1302*	Grammar & Composition II	3
BIOL	1306*	Gen. Biol. I	3	BIOL	1307*	Gen. Biol. II	3
BIOL	1106	Gen. Biol. I LAB	1	BIOL	1107	Gen. Biol. II LAB	1
ALHS	1300	Personal & Community Wellness	3	STEM*		*Math recommended	3
POLS	2305	American Government	3	POLS	2306	Texas Politics	3
Total Semester Credit Hours			16	Total Semester Credit Hours			16

SOPHOMORE YEAR

Fall Semester			Credit Hours	Spring Semester			Credit Hours
		*SPCM1315	3	BIOL	2302	Anatomy & Physiology II	3
BIOL	2301	Anatomy & Physiology I	3	BIOL	2102	Anatomy & Physiology II Lab	1
BIOL	2101	Anatomy & Physiology I Lab	1			*Language, Philosophy, & Culture	3
		*Creative Arts	3			*Social/Behavioral Science	3
HIST	1301	U.S. History I	3	HIST	1302	U.S. History II	3
		Elective	2-3	KINE	3303	Motor Development	3
Total Semester Credit Hours			15-16	Total Semester Credit Hours			16

JUNIOR YEAR

Fall Semester			Credit Hours	Spring Semester			Credit Hours
EDUC	1301	Intro to the Teaching Profession ¹	3	EDUC	4320	Teaching Skills ²	3
EPSY	3340	Adolescent Development/Learning ¹	3	KINE	4308	Adapted Physical Education ²	3
KINE	3306	Fitness Assessment Skills	3	KINE	3334	Biomech. & Anat. Kines.	3
ALHS	3315	Nutrition	3	KINE	3135	Biomech. & Anat. Kines. Lab	1
HECC	4353	Program Organization & Admin.	3	KINE	3331	Human Motor Control & Learn.	3
				KINE	3132	Hum. Motor Control & Learn. Lab	1
Total Semester Credit Hours			15	Total Semester Credit Hours			14

Summer Semester

ALHS	4317	Theor. & Clin. Aspects of Wt. Mgmt.	3
HECC	4308	Ethics	3
Total Semester Credit Hours			6

SENIOR YEAR

Fall Semester			Credit Hours	Spring Semester			Credit Hours
ALHS	4324	Drugs and Health	3	EDUC	4640	Student Teaching ⁴	6
KINE	3311	Physiology of Exercise	3	EDUC	4057	Student Teaching Seminar ⁴	0
KINE	3112	Physiology of Exercise Lab	1				
EDFB	4338	Literacy in the Content Area ³	3				
PYED	4340	Teaching Methods in Physical Ed. ³	3				
ALHS	4333	Stress Management	3				
Total Semester Hours			16	Total Semester Hours			6

Total hours must equal at least 120 hours

NOTES:

*See UT Tyler Core Curriculum for approved course(s).

¹Phase 1 of Teacher Education Program; ²Phase 2 of Teacher Education Program;

³Phase 3 of Teacher Education Program; ⁴Phase 4 of Teacher Education Program

This is only a recommended outline. Because degree requirements do change, you should consult an advisor as well as the University Catalog.